

BREAK THE SILENCE

#CPSODVABUSE

You are not alone, and what is happening to you is not something you have to face on your own. There are people who care about your safety and well-being. **Asking for help is not a sign of weakness.** Whether you need someone to talk to, a safe place to go, or help understanding your options, assistance is available and ready at your pace.

SCAN FOR HELP

YOUR SAFETY MATTERS

IMMEDIATE DANGER?
CALL 911

NATIONAL D.V. HOTLINE
TEXT "START" TO 88788

CPSO DVU	Project Celebration (Shelter)	Louisiana D.V. Hotline
318-457-8911	318-226-5015	1-888-411-133